

# AMDA-USAID Sustainable HIV Epidemic Control

## Monthly Update: November 2024

---

### **Objectives:**

**Objective 1: Increased access to and demand for HIV services that reduce HIV incidence and improve health and lives of PLHIV.**

### **Support group meeting:**

#### **Jhapa:**

AMDA-USAID Sustainable HIV Epidemic Control conducted support group meeting on 25<sup>th</sup> November, 2024 in Birtamod Field Office, Jhapa. A total of 10 PLHIV (6 female, 4 male) participated in the meeting. Meeting was facilitated by Case Manager, CBS & PN. Discussion was done on Health Insurance, U=U, ART enrollment and re enrollment of all positive cases, importance of Index based partner testing and about viral load testing.

#### **Sunsari**

AMDA-USAID Sustainable HIV Epidemic Control conducted support group meeting on 22<sup>nd</sup> November, 2024 in Itahari Field Office, Sunsari. A total of 13 PLHIV (11 Female and 2 Male) participated in the meeting. Meeting was facilitated by Case manager and PN. Discussion was done on Health Insurance, U=U, ART enrollment and re enrollment of all positive cases, importance of Index based partner testing and about viral load.

#### **Morang**

AMDA-USAID Sustainable HIV Epidemic Control conducted support group meeting on 25<sup>th</sup> October 2024 in Biratnagar Field Office, Morang a total of 12 PLHIV (6 Male and 6 Female) participated in the meeting. Meeting was facilitated by Case Manager and PN. Discussion was done on Importance of viral load importance & benefits, adherence, mental health.

### **Monthly review meeting:**

- Virtual monthly meeting was conducted on 10<sup>th</sup> November, 2024 for AMDA-USAID Sustainable HIV Epidemic Control Project in participation of Chief of Party, HIV Service Director and all the field staffs from Sunsari, Morang, Jhapa and Ilam. The content discussed in the meeting was regarding the Target vs Achievement, the issues that are being

## **AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024**

---

faced in the course of the program implementation. The gaps and areas that need to be worked and given priority was discussed along with the new updates, roles and responsibilities of each staff.

### **Online Activities:**

- In this reporting period 60 people booked for service through online of which 47 of them arrived to receive the service in Sunsari city clinic.
- In this reporting period 1 people booked for service through online and 1 arrived to receive the service in Birtamod city clinic.

### **ARV Distribution Services**

- Not done in this period.

### **Creative events:**

- **Sunsari:**

Conducted creative event (PrEP focused) on 21<sup>st</sup> November, 2024 in Itahari City clinic. A total of 12 KPs participated in the event. It was facilitated by Case manager, DIC Operator and CBS. There was discussion on importance of PrEP and its continuation. They are also taught about mental health, mediums of HIV transmission and ways to prevent it. Through the event 1 FSW (1.2) started PrEP, 5 PrEP refill (1.2=3, 1.3=2), 7 HIV Screening, 4 STI Screening of which 2 were diagnosed for STI and 3 of them were treated.

- **Morang**

Conducted creative event (PrEP focused) on 20<sup>th</sup> November, 2024 in Itahari city clinic. All the participants were called in Itahari city clinic according to their feasibility. A total of 12 FSWs participated in the event facilitated by CBS, PN and Case Manager. The discussion was mainly focused on importance of PrEP Along with that HIV related preventive measures were also discussed in the meeting.

- **Jhapa**

Conducted creative event (PrEP focused) on 22<sup>th</sup> November in Birtamod City clinic. A total of 20 FSWs (1.2-3, 1.3-17) were participated in the event which was facilitated by HA, DIC,

## **AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024**

---

CBS & P.N. Discussion was done about the importance of PrEP its advantages, sexually transmitted Infections (STIs) and its effects. In this event, 112 KP tested for HIV & STI and 7 KP started PrEP, 3 KP restarted PrEP, 2 KP refill Also 8 KPs was diagnosed and 1 treated for Sexually Transmitted Infections (STIs).

### **Stigma and Discrimination Reduction Training:**

- **Ilam**

Conducted HIV related stigma and discrimination reduction training on 25<sup>th</sup> November, 2024 at Ilam Municipality-6, District Prison (Karagar) Ilam. In the orientation there was presence of 42 participants among them 38 male and 3 were female. The program was conducted by HIV Prevention officer, HA-ART, PN from AMDA Nepal. The participants of the program were prison, police. The program was interactive and discussion was done about different aspects of HIV, AIDS and stigma & discrimination. Further, we offered for HIV testing if had risk behavior to those participants who were interested to know their HIV status.

- **Morang**

Conducted HIV related stigma and discrimination reduction orientation on 26<sup>th</sup> November, 2024 at Sundar Haraicha Morang to Asian highway workers. In the orientation there was presence of 38 participants among them 34 male and 4 were female. The program was conducted by Program/M&E Specialist, Sr. Lab Assistant and CBS plus from AMDA Nepal. There was sharing of current situation of HIV/AIDS, its basic concept, mode of transmission, clinical features, treatment, preventive measures and causes of stigma and discrimination to PLHIV in the community and role of each individual to minimize the HIV related stigma in the community. Further, we offered for HIV testing if had risk behavior to those participants who were interested to know their HIV status.

### **Viral Load campaign**

- In Morang district total of 24 viral load sample collection was done on November, 2024 in coordination with ART Center and BDS sub-IPs and send to Koshi Zonal Hospital.

## **AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024**

---

- In Sunsari a total of 15 viral load sample collection was done on November in coordination with ART Center and BDS sub-IPs and send to Koshi Zonal Hospital.
- In Jhapa a total of 23 viral load sample collection was done on November in coordination with ART Center and BDS sub-IPs and send to Koshi Zonal Hospital.
- In Ilam a total of 12 viral load sample collection was done on November in coordination with ART Center and send to Koshi Zonal Hospital.

**Objective 2: Strengthened utilization of data to monitor service delivery and conduct quality improvement of program services.**

**Monitoring visits:**

- Not done in this period

**Data Quality Assessment (DQA) :**

- Not done in this period.

**Provincial / Other GoN meeting:**

- Not done in this period.

**Objective 3: Sustainability roadmap and implementation plan for the HIV response developed and implemented in collaboration with the Government of Nepal (GoN) and other stakeholders.**

**Monthly joint inter-Network meeting:**

- In this period conducted coordination and planning meeting with key stakeholders at Health Section of Itahari Sub Metropolitan city on Nov.22<sup>nd</sup>, 2024. In the meeting there was presence of Health Coordinator, TB focal person, Public Health nurse, Public Health Inspector, Social Development Officer from Itahari Municipality along with focal person from AMDA Nepal, Human Welfare Society, Mahila Sahayogi Samuha, Prayash Mahila Samuha, Jagaran Aarogya Samuha, NAP+N, Recovery Nepal, Aastha Foundation, Dharan Positive group, Sakriya Mahila Nepal. In the meeting there sharing of new program of AMDA Nepal, USAID Sustainable HIV Epidemic Control, also planning and discussion

## **AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024**

---

was done regarding the activities that is feasible to carryout in 37<sup>th</sup> World AIDS Day 2024 for equal contribution and participation.

- In this period conducted coordination and planning meeting with key stakeholders at Health Section of Biratnagar Metropolitan city on Nov.28<sup>th</sup>, 2024. In the meeting there was presence of Health Coordinator, Static officer, Public Health Inspector, Social Development Officer from Biratnagar Metropolitan city along with focal person from Health Office Morang, Koshi ART Center, AMDA Nepal, AHF Nepal, Pariwartanshil Samaj, Sparsha Nepal, Richmond Fellowship, LEO Club, Nagar Youth Club. In the meeting there sharing of new program of AMDA Nepal, USAID Sustainable HIV Epidemic Control, also planning and discussion was done regarding the activities that is feasible to carryout in 37<sup>th</sup> World AIDS Day 2024 for equal contribution and participation.
- In this period participated in the one day Safeguarding training was conducted by FHI360 at Birgunj on 5<sup>th</sup> November, 2024 with the participation of Chief of Party, HIV Service Director, Program/M&E Associate at Hotel Diyalo.
- In this period participated in the two day Kick Off Meeting was conducted by FHI360 at Kathmandu Hotel Yellow Pagoda on November 12<sup>th</sup> and 13<sup>th</sup>, 2024 with the participation of Chief of Party, HIV Service Director, Program/M&E Specialist, HIV Prevention Officer along with Blue Diamond Society Team. In the meeting there was discussion on annual and quarterly operational plan with events and monitoring visit plan.
- In this period participated in the one day Monthly Review Meeting was conducted by USAID at Blue Diamond Society Central office Kathmandu on November 14<sup>th</sup>, 2024 with the participation of Chief of Party, HIV Service Director, Program/M&E Specialist, HIV Prevention officer with EpiC Nepal team, BDS team in the presence of USAID. In the meeting there was sharing of new program updates with issues & challenges by BDS and AMDA Nepal with necessary support and way out by EpiC Nepal and USAID.

### **Monthly ART center Meeting.**

- **Mechi ART Center**

Quarterly ART center meeting was conducted at Mechi ART center of Mechi Provincial Hospital on November 27<sup>th</sup>, 2024. In the meeting, there was presence of Medical

## AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024

Superintendent, ART doctor, lab Incharge, Hospital Administrator, HIV focal person from Health Office, ART counselor, M & E/ Program Specialist, HIV Prevention Officer, HA-ART & staff from Lava Kush Ashram, ART clinic Officer from AHF Nepal, Lead Nepal, CLM Project officer. In the meeting, discussion was done about the viral load status, sample collection & transportation for VL testing and follow up for report, changes in HMIS data due to changes in their KP type, ART enrollment. Also planned for 37<sup>th</sup> Worlds AIDS Day 2024 celebration with work division and equal contribution for involvement of every organization.

### Photos:



Fig: Support Group Meeting at Morang Field Office



Fig: Support Group Meeting at Itahari city clinic



Fig: Creative event at Itahari city clinic



Fig: Creative event of Morang conducted at Itahari city clinic



# AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024

---



Fig: Creative event at Birtamod city clinic



Fig: Creative event at Birtamod city clinic



Fig: Stigma & Discrimination reduction Program conducted at Ilam Karagar

## AMDA-USAID Sustainable HIV Epidemic Control Monthly Update: November 2024



Fig: Quarterly ART Meeting at Mechi ART Center, Bhadrapur



Pics: Coordination and Planning meeting in Sunsari, Itahari Municipality.